### Open Pathway Retreat Centre Laurel Lane, Queen Camel, Somerset BA22 7NU email: findyourway@openpathwaycentre.org www.openpathwaycentre.org

All are welcome for Retreats, Courses, Classes, accommodation and to visit the gardens



The Open Pathway Charity welcomes volunteers all year round and also donations to help us provide retreats for all

# Calendar 2024

## Courses and Retreats

A Healing Way of Life Part 1a Natural Energy Therapy Training Module 3 Kriya & Centering Prayer Meditation Course Meditation Refresher (Zoom)	<b>February</b> 3 - 4 12 - 16 18 - 22 24 - 25
Easter Retreat	<b>March</b> 28 - 1/4
A Healing Way of Life Part 1b Kriya & Centering Prayer Meditation Course	<b>April</b> 13 - 14 18 - 22
A Healing Way of Life Part 1a The teachings of Bede Griffiths with David Cole Animal Energy Therapy Course Kriya & Centering Prayer Meditation Course	<b>May</b> 4 - 5 10 - 12 25 - 26 26 - 30
Yoga & Bones For Life Day A Healing Way of Life Part 1b	<b>June</b> 1 1 - 2
Labyrinth - Within and Without with Julie & Christy Conscious Body Open Heart with Marye & Rajesh	<b>July</b> 6 - 7 26 - 28

29 - 2/8

Natural Energy Therapy Training Module 2

Silent Retreat Advanced Natural Energy Therapy Training Kriya & Centering Prayer Meditation Course Part 1 Natural Energy Therapy Training Module 4	<b>August</b> 2 - 4 9 - 12 24 - 25 26 - 30
Self-Compassion - a weekend with David Cole Kriya & Centering Prayer Meditation Course Part 2 Yoga & Bones For Life Day Mindfulness & Meditation	<b>September</b> 6 - 8 21 - 22 28 29
Silent Retreat Animal Energy Therapy Course Kriya & Centering Prayer Meditation Course Meditation Refresher	<b>October</b> 4 - 6 12 - 13 13 - 17 19 - 20
Celtic Christian Advent with David Cole	<b>November</b> 29 - 1/12
Christmas Celebration Retreat Christmas Thanksgiving Service New Year Gathering	<b>December</b> 23 - 27 25 29 -2/1

We can arrange Retreats throughout the year for individuals, groups and venue hire from one day to a week or longer.

# Workshops and Training $\sim$ in person and online:

Holistic Energy Care; Life, Death & Bereavement; Mindful Parenting; Life Skills; Consultation & Counselling Skills; Still & Mindful for aged 5-11; Mindfulness; Peace Meditation; Bones For Life; Yoga and AquaMove.

All for individuals, groups and as part of venue hire.

#### Training Courses:

A Healing Way of Life Natural Energy Therapy Accredited Diploma Course; Advanced Natural Energy Therapy; Animal Energy Therapy.

These courses are in depth and include diverse trainings and techniques in the Healing Arts. Please contact to arrange a time to speak to a Course Tutor to discuss your interest.

Advanced Yoga Course; Advanced Counselling Course.

Both Courses are for practitioners who wish to develop the intuitive side of their profession further and deeper.



### Special Gatherings, Workshops & Retreats

## We are delighted to host renowned Retreat Leaders for the following weekends:

The Teachings of Bede Griffiths with David Cole, author and lay monk. "God has graced every tradition with insight into the divine mystery from the most primitive to the most sophisticated... each has a gift to bring to the world."

Bede Griffiths was a British born Catholic priest, Benedictine monk and mystic who had a new vision of reality.

Labyrinth - Within and Without with Julie Ebsworth and Christy Casley, exploring the traditions, the methods and deep delights of time spent with divine connection in our lives.

**Conscious Body Open Heart with Marye Wyvill and Rajesh David** In this Retreat we become attuned to the engrained habits which lead us to live life on autopilot. Without awareness there is no possibility of change and transformation.

Marye will be looking at how we can find greater ease and pleasure in everyday tasks with posture and movement.

Rajesh will be exploring the emotional habits that trap us and will lead us through heart-opening practices.

**Self Compassion with David Cole,** lay monk of the order of St Aidan and St Hilda, gives us insights into compassion and humility for ourselves in order to grow spiritually into a deeper compassion for humanity and the world.

Advent Retreat with David Cole to explore the Celtic Christian traditions of this special time leading up to Christmas.



#### Venue Hire:

The Centre welcomes teachers, trainers and retreat leaders to bring their students to experience the joy and peace of Open Pathway which enables them to assimilate, rest, relax and enjoy their stay. A variety of accommodation and teaching rooms are available for groups from 6-20.

Both daily and residential options are offered.

Meals and refreshments are vegetarian/vegan with gluten free and dairy free options.

The gardens give space, colour and nature connection throughout the year.

Please contact for your indiviudal requirements.